

Parent-Child Activity Book: “Tips & Activities for a Great Start to Primary School” User Guide

This parent-child activity book contains tips for parents on how to support their children as they enter Primary 1.

Each tip is accompanied by related activities for parents to do with their children.

The objectives of this book are to:

- Promote parents’ understanding and appreciation of school processes and practices
- Support parents guiding their children as they enter Primary 1, so that their children enjoy learning and going to school
- Support parents in building strong relationships with their children, through bite-sized activities that encourage sharing and spending time together

Summary of 10 tips and examples of activities

The Parent-Child Activity Book has 10 chapters. Each chapter starts off with a tip for parents, which covers a different area in which parents can support their child. Every tip is followed by a set of related activities. Below is a summary of the 10 tips, and examples of the related activities. You may wish to share this summary with your staff, to give them an overview of this book’s contents.

Summary of 10 tips		Examples of related activities
1.	<ul style="list-style-type: none">• Get ready for school• Prepare well at home before your child goes to school	<ul style="list-style-type: none">• Go through things to do the night before• Agree on a bedtime with your child
2.	<ul style="list-style-type: none">• Practise routines• Help your child practise new routines that they will use in school	<ul style="list-style-type: none">• Chat about how your child will travel to school• Discuss your child’s after-school routine
3.	<ul style="list-style-type: none">• New places, new faces• Help your child get used to managing unfamiliar situations	<ul style="list-style-type: none">• Help your child practice making new friends• Get them to tell you about their classroom
4.	<ul style="list-style-type: none">• We can do this, together• Encourage your child in different ways	<ul style="list-style-type: none">• Celebrate their learning• Create a comfortable work space at home
5.	<ul style="list-style-type: none">• Be a great role model• Share with them the values that are important to you	<ul style="list-style-type: none">• Do an act of service together• Highlight positive values in family members
6.	<ul style="list-style-type: none">• Team up with teachers• Work closely with teachers to help your child learn better	<ul style="list-style-type: none">• Communicate with Teachers• Chat with your child about what it means to be a “good” student
7.	<ul style="list-style-type: none">• Let’s help out at home• Encourage your child to help out with household chores	<ul style="list-style-type: none">• Create a poster to remind family members to keep the home clean• Teach them to do simple household tasks
8.	<ul style="list-style-type: none">• Time to let go• Allow your child to make mistakes and learn from them	<ul style="list-style-type: none">• Let them try to do things on their own• Teach them how to ask for help
9.	<ul style="list-style-type: none">• Show interest in your child• Find out about what they’re doing and how they’re feeling	<ul style="list-style-type: none">• Set aside time for quality conversation. Ask them how they feel about their day• Chat about what they do with friends
10.	<ul style="list-style-type: none">• Every child is unique• Work with teachers to find out your child’s strengths and interests	<ul style="list-style-type: none">• Talk with them about what they’re good at• Ask them what they like and dislike